

ALUMNAE ASSOCIATION OF MOUNT HOLYOKE COLLEGE

LAURIE PRIEST

ALUMNAE SCHOLAR ATHLETE AWARD 2016

PRESENTED TO



*Cathleen Pruden '16*

**CATHLEEN PRUDEN, CLASS OF 2016**, the Alumnae Association of Mount Holyoke College is pleased to present you with the Laurie Priest Alumnae Scholar Athlete Award. This award is conferred upon a student who demonstrates qualities that make her an outstanding athlete, an exceptional scholar, and a leader within the community.

Cathleen, you have played an instrumental role in the success of Mount Holyoke swimming and diving over the past four years. Your commitment to excellence, dedication to training, and outstanding leadership skills have led you to many successes throughout your swimming career. Among your most impressive achievements, you have been named a three-time NCAA National All-American in the 400-individual medley, a three-time CSCAA National All-American First Team honoree, an eight-time NEWMAC champion and All Conference First Team honoree, a two-time conference Swimmer of the Year recipient, and seventeen-time Seven Sisters Champion. During your rookie campaign you were named the NEWMAC Rookie of the Year, the first ever by a Mount Holyoke College swimmer. You are always striving to improve your team and your personal records, and you've been successful, setting thirteen of Mount Holyoke's twenty-three school records, including nine individual.

Your leadership skills have proven to be outstanding, and your devotion to the sport has been widely recognized by your teammates, coaches, and members of the community. You served as a team representative for the Student-Athlete Advisory Committee in 2014, filling the role of chair in 2015. As a first-year you volunteered to work with Project Splash, teaching swim lessons to children with special needs, and you served as coordinator for the last two years. This past academic year you represented Mount Holyoke as an intern writer for *Swimming World*, with a number of your stories focusing on what you learned from watching fellow student athletes compete in their own sports.

Cathleen, you have also earned prestigious academic recognition, including being named a two-time Capital One/CoSIDA Academic All-American, MHC Scholar Athlete, and a three-time NEWMAC Academic All-American Conference selection. You are one of only two student-athletes in the College's history to garner Academic All-American honors twice.

In recognition of these and other exceptional achievements in athletics and academics, the Alumnae Association is proud to honor you with the Laurie Priest Alumnae Scholar Athlete Award.

MARCIA BRUMIT KROPF '67  
PRESIDENT  
ALUMNAE ASSOCIATION OF MOUNT HOLYOKE COLLEGE

NANCY BELLOWS PEREZ '76  
INTERIM EXECUTIVE DIRECTOR  
ALUMNAE ASSOCIATION OF MOUNT HOLYOKE COLLEGE